



# Northeast Organic Farming Association of Vermont

Nourishing People, Land, and Justice through  
Organic Agriculture



3SquaresVT/SNAP लाभहरू प्राप्त गर्ने जो कोहीले स्वचालित रूपमा बाली/फसल नगदको प्राप्त गर्न योग्य छन्।

किसान बजारमा (Farmers Market) - यस कार्यक्रमको लागि कुनै अतिरिक्त आवेदन छैन।

3SquaresVT, जसलाई SNAP/EBT पनि भनिन्छ (पहिले फूड स्ट्याम्प भनेर चिनिन्थ्यो) सीमित आय भएका व्यक्तिहरू र परिवारहरूलाई उनीहरूलाई आवश्यक पर्ने खाना किन्न मद्दत गर्दछ। लाभहरू सामान्यतया कार्डमा प्रदान गरिन्छ यो कार्ड डेबिट कार्ड जस्तै काम गर्दछ, र यो कार्ड धेरै किराना पसल र धेरै किसान बजार मा (Farmers Market) स्वीकार गरिन्छ। यहाँ [SNAP/EBT](#) ले किन्न मिल्ने खाद्य वस्तुहरूको सूची छ। थप जानकारी र 3SquaresVT लाभहरूको लागि आवेदन सहयोगको लागि, [Vermont Foodbank](#) वेबसाइटमा जानुहोस्।

## सहभागी बजारहरू

[Arlington Village Farmers Market](#) (Fridays 4-7pm; June 7-Sept 6)

[Barre Farmers Market](#) (Wednesdays 3:30-6:30pm; June 5-Sept 25)

[Brattleboro Area Farmers Market](#) (Saturdays 9am-2pm; May 4-Oct 26)

[Bristol Farmers Market](#) (Mondays 3-7pm; June 3-Sept 30)

[Burlington Farmers Market](#) (Saturdays 9am-2pm; May 11-Oct 26)

[Caledonia Farmers Market Association](#) (St Johnsbury & Danville) (Saturdays & Wednesdays 9am-1pm; May 11-Oct 26)

[Capital City Farmers Market](#) (Montpelier) (Saturdays 9am-1pm; May 4-Oct 26)

[Champlain Islands Farmers Market](#) (Saturdays 10am-2pm, Wednesdays 3-6pm; May 18-Oct 26)

[Chelsea Farmers Market](#) (Fridays 3-6pm; May 24-Oct 11)

[Craftsbury Farmers Market](#) (Saturdays 10am-1pm; May 25-Sept 28)

[Dorset Farmers Market](#) (Sundays 10am-2pm; May 12-Oct 13)

[Greater Falls Farmers Market](#) (Fridays 4-7pm; June 7-Sept 27)

[Greensboro Farmers Market](#) (Wednesdays 3-6pm; July 10-Aug 28)

[Hardwick Area Farmers Market](#) (Fridays 3-6pm; May 24-Oct 4)

[Hartland Farmers Market](#) (Fridays 4-7pm; May 31st-Sept 27)

[Hill Top Farmers Market](#) (Pownal) (Saturdays 10am-1pm; May 4-Oct 26)

[Jeffersonville Farmers Market](#) (Wednesdays 4-7pm; May 29-Oct 16)

[Jericho Farmers Market](#) (Thursdays 3-6:30pm; May 30-Oct 3)



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- [Ludlow Farmers Market](#) (Sundays 9am-1pm; May 26-Oct 13)  
[Lyndon Farmers Market](#) (Fridays 3-6pm; June 7-Oct 11)  
[Manchester Farmers Market](#) (Thursdays 3-6pm; May 23-Oct 10)  
[Middlebury Farmers Market](#) (Saturdays 9am-12:30pm; May 4-Oct 26)  
[Milton Farmers Market](#) (Tuesdays 4-8pm; June 18-Sept 10)  
[Morrisville Farmers Market](#) (Saturdays 9am-1pm; May 18-Oct 12)  
[Newport Farmers Market](#) (Saturdays & Wednesdays 9am-2pm; May 18-Oct 12)  
[Northfield Farmers Market](#) (Tuesdays 3-6pm; May 14-Oct 8)  
[Northwest Farmers Market](#) (St Albans) (Saturdays 9am-2pm; May 11-Oct 26)  
[Norwich Farmers Market](#) (Saturdays 9am-1pm; May 4-Oct 26)  
[Old North End Farmers Market](#) (Tuesdays 3-6:30pm; June 4-Oct 29)  
[Putney Farmers Market](#) (Sundays 11am-3pm; May 12-Oct 20)  
[Randolph Farmers Market](#) (Saturdays 9am-1pm; May 25-Oct 19)  
[Richmond Farmers Market](#) (Fridays 3-6:30pm; June 7-Oct 18)  
[Rochester Farmers Market](#) (Fridays 3-6pm; May 24-Oct 4)  
[Rutland County Farmers Market](#) (Saturdays 9am-2pm, Wednesdays 2-5pm; May 11-Oct 26)  
[Shelburne Farmers Market](#) (Saturdays 9am-1pm; May 18-Oct 12)  
[Townshend Farmers Market](#) (Fridays 4:30-6:30pm; May 24-Oct 4)  
[Vermont Farmers Market](#) (Rutland) (Saturdays 9am-2pm, Wednesdays 1-5pm; May 13-Oct 28)  
[Vershire Artisan & Farmers Market](#) (Sundays 12:30-3:30pm; May 19-Sept 15)  
[Waitsfield Farmers Market](#) (Saturdays 9am-1pm; May 18-Oct 19)  
[Waterbury Farmers Market](#) (Thursdays 4-7pm; May 30-Sept 12)  
[West Hartford Library Farmers Market](#) (Tuesdays 3:30-6:30pm; June 18-Sept 17)  
[West River Farmers Market](#) (Londonderry) (Saturdays 9am-1pm; May 25-Oct 12)  
[Winooski Farmers Market](#) (Sundays 10am-2pm; May 26-Oct 20)

## **किसान बजार (Farmers Market) खोजहोस्!**

बाली/फसल नगदको स्वीकार गर्ने बजार फेला पार्न आफ्नो खोज फिल्टर गर्न निश्चित गर्नुहोस् - धेरै बजारहरूले गर्छन्, तर सबै ले गर्दैनन्। तपाईं आफ्नो खोजलाई स्थान, सिजन, र थप अनुसार फिल्टर गर्न सक्नुहुन्छ।

प्रश्नहरू?

इमेल वा 802-434-7162 मार्फत जोहाना डोरेनलाई सम्पर्क गर्नुहोस्।