

Understanding Market Tokens

\$1 tokens CANNOT buy:

- ❖ any food served hot
- ❖ alcoholic beverages or tobacco products
- ❖ pet foods
- ❖ vitamins and medicines
- ❖ non-food items (soaps, cut flowers, crafts, clothing, etc.)

\$1 tokens CAN buy:

- ❖ fruits, vegetables or herbs
- ❖ meats, fish or poultry
- ❖ breads and other baked goods
- ❖ dairy, honey or maple products
- ❖ processed foods like pickles, jam or salad dressings
- ❖ cider and other non-alcoholic beverages
- ❖ other non-hot foods for the household to eat
- ❖ seeds and plants to grow food for the household to eat

\$5 Tokens can buy:

- ❖ any product sold at the market

\$1 Tokens are purchased at the market with food benefits on the Vermont Express EBT card.

USDA Food Stamp Program rules on eligible products and cash change must be followed!

You may give a customer **up to 99 cents cash change** for a food purchase made with one or more of the \$1 tokens.

\$5 tokens are purchased at the market with the Vermont Express EBT card or a commercial debit card.

You may give cash change for any \$5 token.

~HAVE QUESTIONS ABOUT THE WOODEN TOKENS? ASK YOUR MARKET MANAGER OR STAFF!~