



Northeast Organic Farming Association of Vermont

Nourishing People, Land, and Justice through Organic Agriculture



3SquaresVT/SNAP लाभहरू प्राप्त गर्ने जो कोहीले स्वचालित रूपमा बाली/फसल नगदको प्राप्त गर्न योग्य छन्।

किसान बजारमा (Farmers Market) - यस कार्यक्रमको लागि कुनै अतिरिक्त आवेदन छैन।

3SquaresVT, जसलाई SNAP/EBT पनि भनिन्छ (पहिले फूड स्ट्याम्प भनेर चिनिन्थ्यो) सीमित आय भएका व्यक्तिहरू र परिवारहरूलाई उनीहरूलाई आवश्यक पर्ने खाना किन्न मद्दत गर्दछ। लाभहरू सामान्यतया कार्डमा प्रदान गरिन्छ यो कार्ड डेबिट कार्ड जस्तै काम गर्दछ, र यो कार्ड धेरै किराना पसल र धेरै किसान बजार मा (Farmers Market) स्वीकार गरिन्छ। यहाँ [SNAP/EBT](#) ले किन्न मिल्ने खाद्य वस्तुहरूको सूची छ। थप जानकारी र 3SquaresVT लाभहरूको लागि आवेदन सहयोगको लागि, [Vermont Foodbank](#) वेबसाइटमा जानुहोस्।

सहभागी बजारहरू

[Arlington Village Farmers Market](#) (Fridays 4-7pm; June 9th-Sept 8th)

[Barre Farmers Market](#) (Wednesdays 3:30-6:30pm; June 7th-Sept 27th)

[Brattleboro Area Farmers Market](#) (Saturdays 9am-2pm; May 6th-Oct 28th)

[Burlington Farmers Market](#) (Saturdays 9am-2pm; May 13th-Oct 28th)

[Caledonia Farmers Market Association](#) (St. Johnsbury) (Saturdays 9am-1pm; June 21st-Oct 4th)

[Capital City Farmers Market](#) (Montpelier) (Saturdays 9am-1pm; May 6th-Oct 28th)

[Champlain Islands Farmers Market](#) (Saturdays 10am-2pm, Wednesdays 3-6pm; May 20st-Oct 28th)

[Chelsea Farmers Market](#) (Fridays 3-6pm; May 19th-Sept 29th)

[Craftsbury Farmers Market](#) (Saturdays 10am-1pm; May 20th-Oct 7th)

[Dorset Farmers Market](#) (Sundays 10am-2pm; May 7th-Oct 8th)

[Greater Falls Farmers Market](#) (Fridays 4-7pm)

[Greensboro Farmers Market](#) (Wednesdays 3-6pm; July 5th-Sept 6th)



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Hardwick Area Farmers Market (Fridays 3-6pm; May 19th-Oct 6th)

Hartland Farmers Market (Fridays 4-6:30pm; June 2nd-Sept 29th)

Jericho Farmers Market (Thursdays 3-6:30pm; May 25th-Oct 5th)

Lyndon Farmers Market (Fridays 4-7pm; June 2nd-Oct 6th)

Manchester Farmers Market (Thursdays 3-6pm; May 25th-Oct 5th)

Market on the Green (Woodstock) (Wednesdays 3-6pm; May 31st-Oct 18th)

Middlebury Farmers Market (Saturdays 9am-12:30pm; May 6th-Oct 28th)

Milton Farmers Market (Tuesdays 4-8pm; June 14th-Sept 27th)

Morrisville Farmers Market (Saturdays 9am-1pm; May 20th-Oct 14th)

Newport Farmers Market (Saturdays and Wednesdays 9am-2pm; May 20th-Oct 11th)

Northfield Farmers Market (Tuesdays 3-6pm; May 16th-Oct 10th)

Northwest Farmers Market (St. Albans) (Saturdays 9am-2pm; May 13th-Oct 28th)

Norwich Farmers Market (Saturdays 9am-1pm; May 6th-Oct 28th)

Old North End Farmers Market (Tuesdays 3-6:30pm; June 6th-Oct 31st)

Putney Winter Farmers Market (Sundays 11am-3pm; May 28th-Oct 8th)

Randolph Farmers Market (Saturdays 9am-1pm; May 27th-Oct 14th)

Richmond Farmers Market (Fridays 3-6:30pm; June 2-Oct 13th)

Rochester Farmers Market (Fridays 3-6pm; May 26th-Oct 6th)

Shelburne Farmers Market (Saturdays 9am-1pm)

Townshend Farmers Market (Fridays 4:30-6:30pm; May 26th-Oct 6th)

Vermont Farmers Market (Rutland) (Saturdays 9am-2pm; May 13th-Oct 28th)



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Waitsfield Farmers Market (Saturdays 9am-1pm; May 13th-Oct 7th)

Waterbury Farmers Market (Thursdays 4-7pm; May 25th-Sept 7th)

Winooski Farmers Market (Sundays 10am-2pm; May 28th-Oct 8th)

West River Farmers Market (Londonderry) (Saturdays 9am-1pm; May 27th-Oct 7th)

किसान बजार (Farmers Market) खोजनुहोस्!

बाली/फसल नगदको स्वीकार गर्ने बजार फेला पार्न आफ्नो खोज फिल्टर गर्न निश्चित गर्नुहोस् - धेरै बजारहरूले गर्छन्, तर सबै ले गर्दैनन्। तपाईं आफ्नो खोजलाई स्थान, सिजन, र थप अनुसार फिल्टर गर्न सक्नुहुन्छ।

प्रश्नहरू?

इमेल वा 802-434-7162 माफत जोहाना डोरेनलाई सम्पर्क गर्नुहोस्।