



هرڅوک چې د 3SquaresVT/SNAP ګټې ترلاسه کوي په اوتومات ډول د کروندګرو په بازار کې د محصول نغدی ترلاسه کولو وردی - د دی پروګرام لپاره هیڅ اضافی غوښتنلیک نشته.

3SquaresVT چې د SNAP/EBT په نوم هم پیژندل دی (پخوا د خوراکي توکو د سټمپ په نوم پیژندل شوی) د محدود عاید لرونکو اشخاصواوکورنیو سره مرسته کوي هغه خواړه واخلی چې دوی ورته اړتیا لري.

ګټې عموما په هغه کارت کې چمتو کیږي چې د ډیبټ کارت په څیر کار کوي او په ډیری پرچون پلورنځیو او ډیری برچون پلورنځیو او ډیری بزګرانو بازارونو کې منل کیږي. <u>دلته د خوراکي توکو لیست دی چې SNAP/EBT پې اخیستلی شي.</u> د SSquaresVT ګټو لپاره د نورو معلوماتو او مرستې غوښتنه کولو لپاره، د Vermont Foodbank ویب یاڼه وګورئ.

برخه اخيستونكي بازارونه

Arlington Village Farmers Market (Fridays 4-7pm; June 7-Sept 6)

Barre Farmers Market (Wednesdays 3:30-6:30pm; June 5-Sept 25)

Brattleboro Area Farmers Market (Saturdays 9am-2pm; May 4-Oct 26)

Bristol Farmers Market (Mondays 3-7pm; June 3-Sept 30)

Burlington Farmers Market (Saturdays 9am-2pm; May 11-Oct 26)

<u>Caledonia Farmers Market Association</u> (St Johnsbury & Danville) (Saturdays & Wednesdays 9am-1pm; May 11-Oct 26)

Capital City Farmers Market (Montpelier) (Saturdays 9am-1pm; May 4-Oct 26)

Champlain Islands Farmers Market (Saturdays 10am-2pm, Wednesdays 3-6pm; May 18-Oct 26)

Chelsea Farmers Market (Fridays 3-6pm; May 24-Oct 11)

Craftsbury Farmers Market (Saturdays 10am-1pm; May 25-Sept 28)

Dorset Farmers Market (Sundays 10am-2pm; May 12-Oct 13)

Greater Falls Farmers Market (Fridays 4-7pm; June 7-Sept 27)

Greensboro Farmers Market (Wednesdays 3-6pm; July 10-Aug 28)



Northeast Organic Farming Association of Vermont





Hardwick Area Farmers Market (Fridays 3-6pm; May 24-Oct 4)

Hartland Farmers Market (Fridays 4-7pm; May 31-Sept 27)

Hill Top Farmers Market (Pownal) (Saturdays 10am-1pm; May 4-Oct 26)

Jeffersonville Farmers Market (Wednesdays 4-7pm; May 29-Oct 16)

Jericho Farmers Market (Thursdays 3-6:30pm; May 30-Oct 3)

<u>Ludlow Farmers Market</u> (Sundays 9am-1pm; May 26-Oct 13)

Lyndon Farmers Market (Fridays 3-6pm; June 7-Oct 11)

Manchester Farmers Market (Thursdays 3-6pm; May 23-Oct 10)

Middlebury Farmers Market (Saturdays 9am-12:30pm; May 4-Oct 26)

Milton Farmers Market (Tuesdays 4-8pm; June 18-Sept 10)

Morrisville Farmers Market (Saturdays 9am-1pm; May 18-Oct 12)

Newport Farmers Market (Saturdays & Wednesdays 9am-2pm; May 18-Oct 12)

Northfield Farmers Market (Tuesdays 3-6pm; May 14-Oct 8)

Northwest Farmers Market (St Albans) (Saturdays 9am-2pm; May 11-Oct 26)

Norwich Farmers Market (Saturdays 9am-1pm; May 4-Oct 26)

Old North End Farmers Market (Tuesdays 3-6:30pm; June 4-Oct 29)

Putney Farmers Market (Sundays 11am-3pm; May 12-Oct 20)

Randolph Farmers Market (Saturdays 9am-1pm; May 25-Oct 19)

Richmond Farmers Market (Fridays 3-6:30pm; June 7-Oct 18)

Rochester Farmers Market (Fridays 3-6pm; May 24-Oct 4)

Rutland County Farmers Market (Saturdays 9am-2pm, Wednesdays 2-5pm; May 11-Oct 26)

Shelburne Farmers Market (Saturdays 9am-1pm; May 18-Oct 12)

Townshend Farmers Market (Fridays 4:30-6:30pm; May 24-Oct 4)

Vermont Farmers Market (Rutland) (Saturdays 9am-2pm, Wednesdays 1-5pm; May 13-Oct 28)



Northeast Organic Farming Association of Vermont



Nourishing People, Land, and Justice through Organic Agriculture

Vershire Artisan & Farmers Market (Sundays 12:30-3:30pm; May 19-Sept 15)

Waitsfield Farmers Market (Saturdays 9am-1pm; May 18-Oct 19)

Waterbury Farmers Market (Thursdays 4-7pm; May 30-Sept 12)

West Hartford Library Farmers Market (Tuesdays 3:30-6:30pm; June 18-Sept 17)

West River Farmers Market (Londonderry) (Saturdays 9am-1pm; May 25-Oct 12)

Winooski Farmers Market (Sundays 10am-2pm; May 26-Oct 20)

د کروندګرو بازارموندل!

ډاډ ترلاسه کړئ چې خپل لټون فلټر کړئ ترڅو داسې بازار ومومئ چې د محصول نغدي مني ډيری بازارونه مني، مګر ټول نه. تاسو کولی شئ خپل لټون د موقعیت، موسم او نورو په واسطه فلټر کړئ.

پوښتنې؟

د جوهانا ډورين (Johanna Doren) سره د بريښناليک يا (802-434-7162) له لارې اړيکه ونيسئ.