

Eligibility Guidelines for Younger Adults with Disabilities

Q: Are younger adults with disabilities eligible to participate in Senior Farm Share at my site?

A: Yes, if your housing site meets certain guidelines.

Your housing site must meet all three of the following guidelines for disabled adults under the age of 60 to be eligible to participate in the Senior Farm Share Program:

- The affordable housing site where they live offers congregate nutrition services*:
 - A meal that meets the current US Dietary Guidelines.
 - Served under safe and sanitary conditions, in a variety of settings.
 - Where participants are given an opportunity to interact in a social environment.
 - Meals must occur onsite.
 - Frequency of meals is preferably 5 days per week (a waiver may be available for less frequent meals).
 - Meals on Wheels when served and eaten in a social environment/group setting do qualify.
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- The affordable housing site where they live is 50% or more residents 60-years-old or older.

- The individual is living at or below the 185% of the federal poverty level.

In 2025, this is an income of \$2,413 per month for a single person household and \$3,261 per month for a two-person household.

You must check ALL three boxes for younger adults with disabilities to be eligible at your site.

Submit this form along with your Housing Site Application.

If you have more questions about eligibility for the NOFA-VT Senior Farm Share Program, please contact Johanna Doren, johanna@nofavt.org or (802) 434-7162. If emailing, please use the subject line “**Senior Farm Share Question for [Name of Housing Site].**”

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