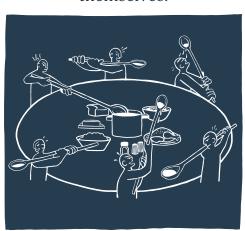
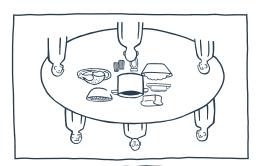
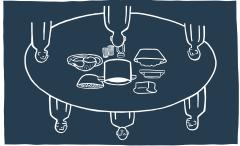


At both tables, there is a bountiful spread of food surrounded by hungry people. Everyone is given a long-handled spoon with which to eat.

At the first table, they can reach the food with their long-handled spoons, but can't figure out how to reach their mouths. The people get hungrier and hungrier but can't figure out how to feed themselves.

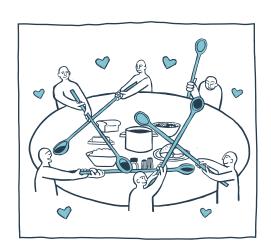






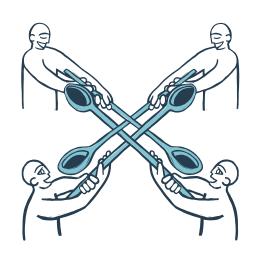
Imagine there are two banquets.

At the second table, the setup is the same. But together, the people realize that while the spoons are too long to reach their own mouths, they can easily feed one another.



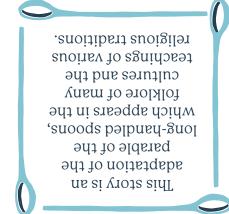


At the second table, everyone is fed and happy, able to enjoy the delicious feast.



Made for the Northeast Organic Farming Association of Vermont (NOFA-VT) nofavt.org | @nofavermont

Art by Christine Tyler Hill | @tenderwarriorco



To nourish ourselves, we must nourish each other.

We will keep each other fed.

