

# Eligibility Guidelines for Younger Adults with Disabilities

**Q: Are younger adults with disabilities eligible to participate in Senior Farm Share at my site?**

**A: Yes, if your housing site meets certain guidelines.**

**Your housing site must meet all three of the following guidelines for disabled adults under the age of 60 to be eligible to participate in the Senior Farm Share Program:**

- The affordable housing site where they live offers congregate nutrition services:
  - A meal that meets the current US Dietary Guidelines.
  - Served under safe and sanitary conditions, in a variety of settings.
  - Where participants are given an opportunity to interact in a social environment.
  - Meals must occur onsite.
  - Frequency of meals is preferably 5 days per week (a waiver may be available for less frequent meals).
  - Meals on Wheels when served and eaten in a social environment/group setting do qualify.

Applicants may use the lines below to describe their meal service:

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- The affordable housing site where they live is 50% or more residents 60-years-old or older.
- The individual is living at or below the 185% of the federal poverty level.
  - *In 2026, this is an income of \$2,461 per month for a single person household and \$3,337 per month for a two-person household.*

**You must check ALL three boxes for younger adults with disabilities to be eligible at your site.**

**Submit this form along with your Housing Site Application.**

If you have more questions about eligibility for the NOFA-VT Senior Farm Share Program, please contact Avery MacLean, [avery@nofavt.org](mailto:avery@nofavt.org) or (802) 419-0049. If emailing, please use the subject line **“Senior Farm Share Question for [Name of Housing Site].”**

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