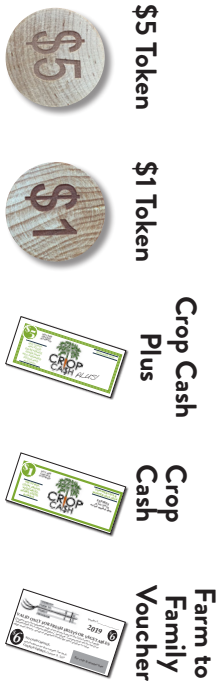


# VERMONT FARMERS MARKETS CURRENCY INFORMATION

To get access to these currencies, visit the manager's tent at your local farmers market!



## ELIGIBLE GOODS

Fruits	✓	✓	✓	✓	✓
Vegetables	✓	✓	✓	✓	✓
Culinary herbs	✓	✓	✓	✓	✓
Fruit/vegetable plants & seeds	✓	✓	✓	✓	
Take-home packaged food and beverages (eg. eggs, dairy, bread, meat)	✓	✓	✓		
Hot foods and beverages	✓				
Alcohol	✓				

## USAGE DETAILS

Can be used at any participating market			✓	✓	✓
Must be used at market in which it was received	✓	✓			
Can receive cash as change	✓				



# Multiply your SNAP/3SquaresVT benefits with CROP CASH

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## Shopping tips

- Maximize your purchasing power! Markets will match \$20 or more of your SNAP/3SquaresVT spend per day.
- Visit multiple participating markets every week and get Crop Cash at each. Remember, tokens must be used at the same market where you received them. Crop Cash may be redeemed at any participating market.
- Save your tokens and/or Crop Cash to use them later when your favorite products are in season and are often more affordable than at the grocery store.
- Use Crop Cash to stock up on organic produce or try new and exciting varieties.
- Use your Crop Cash first to buy fruits and vegetables. Save your market tokens for all other food products (e.g. meats, cheese, bread, eggs) and/or to buy additional fruits and vegetables.
- Check with the market manager to find out when the market ends so you can use your Crop Cash before the end of the season/the expiration date.

**For an up-to-date list of farmers markets that accept 3SquaresVT & participate in Crop Cash, call 2-1-1 or visit [nofavt.org/cropcash](http://nofavt.org/cropcash)**